SUFI MEDITATIVE MOVEMENT

WORKSHOPS

WITH TAMSIN MURRAY

Meditative movement, breath work, dance, veil dance, chanting and whirling to bring harmony and peace and connection with the higher self. The benefits are reducing stress, time and space to be relaxed and at peace, clarity and inspiration.



Casa de Luz Synergy Room 1701 Toomey Rd. Austin, TX 78704



Use QR code to pay and register for workshops

Pay before June 1st to pay only \$200. for full workshop

Dates

June 13 - 7 pm - 9 pm June 14 - 11.30 am - 5.30 pm June 15 - 12.30 am - 6.30 pm

Price

Friday Eve - \$40. Each day - \$120. Full Workshop - \$240.

PLEASE WEAR COMFORTABLE CLOTHING AND BRING A MAT AND A LIGHT LUNCH FOR THE BREAK.

""Dancing is the yearning of the soul to freedom"" Adnan Sarhan.



Info

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